Quiet Days and Retreats

**SUPPORTING TEACHERS, RESEARCHERS AND GENERAL STAFF**

**Quiet Days and Retreats provide space to...**
- interact with other researchers, teachers and general staff across a range of disciplines
- pause, relax, reflect and reconnect with what you really care about
- discern focus areas for research and teaching
- allow creative ideas to surface
- reconnect with professional passion and sense of vocation
- renew identity
- restore purposefulness
- listen more effectively to self and others

**Previous participants comments**

“This time at the staff retreat has been encouraging for the possibilities of university teaching, lifting us above the limiting busyness of everyday life. Not a ‘how to’ time but a time of deepening inner resources.”

“This retreat provided a rare opportunity to quietly reflect on what’s going on for me internally as a teacher, helped by excellent facilitators and a wonderful peaceful location.”

“The retreat is expertly and compassionately structured. It provides a rare chance to be brought back to the rawness and passion that inspire great teaching.”

“The benefits of this retreat to my personal and professional life have been immense.

**Quiet Days**
Thursday 12 April 2012, 8.30am–4.30pm
Thursday 26 July 2012, 8.30am–4.30pm

**Retreat Dates**
26–28 November 2012

**Experience a sense of cross faculty community and collaboration in co-created reflective spaces.**

Michael Wood, Heather Deighan and Richard Pengelley have facilitated retreats of this kind with small groups of staff at UWA since 2008. These groups continue to meet on a regular basis, deepening trust and community.

You may be eligible for professional development funding support.

**To register your interest please contact**
Michael Wood
UWA Chaplain
Tel: +61 8 6488 4762
Email: michael.wood@uwa.edu.au

ACHIEVE INTERNATIONAL EXCELLENCE