Quiet Days and Retreats provide

- interact with other researchers and teachers across a range of disciplines
- pause, relax, reflect and reconnect with what you really care about
- discern focus areas for research and teaching
- allow creative ideas to surface
- reconnect with professional passion and sense of vocation
- renew identity
- restore purposefulness
- listen more effectively to self and others

Previous participants comment

“This time at the staff retreat has been encouraging for the possibilities of university teaching, lifting us above the limiting business of everyday life. Not a ‘how to’ time but a time of deepening inner resources.”

“This retreat provided a rare opportunity to quietly reflect on what’s going on for me internally as a teacher, helped by excellent facilitators and a wonderful peaceful location.”

“The retreat is expertly and compassionately structured. It provides a rare chance to be brought back to the rawness and passion that inspire great teaching.”

“The benefits of this retreat to my personal and professional life have been immense.”

Quiet Days
Thursday 28 April 2011 8.30am – 4.30pm
Wednesday 20 July 2011 8.30am – 4.30pm

Retreat Dates
Monday 28 November to Wednesday 30 November

Experience a sense of cross faculty community and collaboration in co-created reflective spaces.

Michael Wood and Heather Deighan facilitate retreats of this kind with small groups of academic staff at UWA. Since 2008 these groups continue to meet on a regular basis, deepening trust and building inner resources.

To register your interest please contact

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